



Community Access Activities Guide

Getting out, connecting, and living life your way

What is Community Access?

Community Access is an NDIS-funded support that helps you get out, connect with others, and participate in activities that matter to you. It's about more than just getting somewhere — it's about building relationships, exploring interests, and living a full and meaningful life.

What Can Community Access Include?

Community Access supports are flexible and person-centred. They can include:

- Attending social groups, clubs, or community events
- Visiting friends, family, or community spaces
- Shopping, banking, or running errands independently
- Participating in sport, fitness, or recreational activities
- Attending arts, music, or cultural programs
- Volunteering or work experience activities
- Attending appointments with support
- Exploring new hobbies and interests
- Building confidence in public spaces and transport

How is Community Access Funded?

Community Access is funded under your **Core Supports — Assistance with Social, Economic and Community Participation** budget. This is one of the most flexible parts of your NDIS plan and can be used for a wide range of activities as long as they relate to your goals.

Sample Activity Ideas

Social & Community



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- Joining a local club or group
- Attending community events and markets
- Visiting a library, gallery, or museum
- Participating in faith or cultural community activities

Health & Wellbeing

- Gym sessions or swimming with support
- Walking groups or outdoor exercise
- Yoga, meditation, or wellness programs
- Attending health and lifestyle workshops

Skills & Independence

- Practising public transport routes
- Shopping and budgeting in the community
- Cooking classes or life skills programs
- Work experience or volunteering

Creative & Leisure

- Art, craft, or pottery classes
- Music, drama, or dance programs
- Photography or digital media groups
- Sports leagues or recreational competitions

What to Expect from Your Support Worker

- Arrive on time and be prepared for the planned activity
- Support you to participate as independently as possible
- Follow your lead — your goals and preferences come first

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- Keep records of activities and progress towards your goals
- Communicate any concerns to your coordinator or care team

Ready to get out and about?

Talk to our team about building Community Access into your NDIS plan. Call **1300 542 584** or visit **imwithyou.com.au**.